

Volunteering as a Group Leader or Committee Member

Are you ready to help make a real difference in your u3a and have fun doing it?

Volunteer with B&H u3a and be part of something truly rewarding. Your time, talents and enthusiasm can help sustain and further grow our u3a. Brighton & Hove u3a needs volunteers like you.

- Share your skills and passions
- Have a look at our list of groups - is there something you enjoy doing that isn't there?
- What about launching a brand-new group in a subject you love?
- Or, would you rather support those delivering the groups as a Committee member?

Brighton & Hove u3a is growing fast and relies on volunteers. We are always looking for members with a range of experiences who are keen to get involved.

We are able to offer those interested in helping, a period of 'shadowing' to find out what a particular role requires in terms of time and experience.

Our Constitution requires Trustees to step down from their role on the Committee after three years. Come the November AGM we will be looking to recruit a new Chair and another Trustee. After Open Day we will be announcing a 'Pop up' Group for those who would like to find out more about being a Trustee and Committee member.

How to get started:

- Pop along to a Social Group Coffee Morning at the Fitz Regent (see dates [here](#)) to chat with members of the current Committee.
- Contact Teresa Lipson: communications@brightonandhove.org.uk.